



OCTOBER 2025

BREAKFAST

K-5TH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 29	SEPT 30	Egg & Cheese Bagel Choice of Cereal 3 Slc Turkey Bacon Fresh Orange 1	Breakfast Taco & Ranchero Salsa Choice of Cereal Graham Crackers Red Apple/Apple Juice 2	2 WG Waffle & Turkey Sausage & Honey Packet Choice of Cereal Turkey Sausage Fresh Pear/ Applesauce 3
Blueberry Bagel & 1 oz Cream Cheese Cup Choice of Cereal String Cheese Fresh Green Apple 6	Homemade Kolache Choice of Cereal Graham Crackers Banana/Apple Juice 7	Ham & Cheese Croissant Choice of Cereal 3 Slc Turkey Bacon Fresh Orange 8	Caramel Pumpkin Parfait w/ Granola Choice of Cereal Graham Crackers Red Apple/Apple Juice 9	Staff/Student Holiday 10
Staff Development /Student Holiday 13	Spooky Web Donut w/ Turkey Sausage Choice of Cereal Graham Crackers Banana/Apple Juice 14	Crispy Chicken Biscuit Choice of Cereal 3 Slc Turkey Bacon Fresh Orange 15	Egg & Cheese Omelette w/ Salsa & WG Toast Choice of Cereal Graham Crackers Red Apple/Apple Juice 16	2 Monster Pancakes w/ Red Sauce & Turkey Sausage Choice of Cereal Turkey Sausage Fresh Pear/Applesauce 17
Pumpkin Spice Muffin Vanilla Yogurt Cup Choice of Cereal String Cheese Fresh Green Apple 20	Ham & Cheese Tater Tot Bake Choice of Cereal Graham Crackers Banana/Apple Juice 21	Sausage & Cheese Pancake Sandwich Choice of Cereal 3 Slc Turkey Bacon Fresh Orange 22	Potato, Egg & Cheese Taco & Ranchero Salsa Choice of Cereal Graham Crackers Red Apple/Apple Juice 23	2 WG French Toast & Honey w/ 3 Slc Turkey Bacon Choice of Cereal Turkey Sausage ½ C Strawberry/Applesauce 24
1 WG Toast 1 oz Strawberry Cream Cheese Cup Choice of Cereal String Cheese Fresh Green Apple 27	Caramel Cinnamon Roll Choice of Cereal Graham Crackers Banana/Apple Juice 28	Egg & Cheese Croissant Choice of Cereal 3 Slc Turkey Bacon Fresh Orange 29	Bean & Cheese Taco & Ranchero Salsa Choice of Cereal Graham Crackers Red Apple/Apple Juice 30	2 WG Monster Pancake & Strawberry Sauce Choice of Cereal Turkey Sausage Fresh Pear Applesauce 31



Menu items are subject to change based on product availability. This menu follows the USDA School Breakfast Program (SBP) meal pattern requirements for grades K-5. Students will have the option to choose between 1% white milk, fat-free chocolate milk with each breakfast, daily.

National School Lunch Week: Oct 13th-Oct 17th



LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 29 Cheese Pizza <i>or</i> Pepperoni Pizza <i>or</i> Turkey Sandwich Fresh Celery & Ranch/French Fries & Ketchup Green Apple/Applesauce	SEPT 30 Beef Enchilada & Salsa <i>or</i> Beef & Cheese Nachos w/ salsa <i>or</i> Deli power Pack Refried Beans/Side Salad w/ Ranch ½ C Fresh Grapes/ Fresh Pear	1 Cheeseburger w/ Mayo & Mustard <i>or</i> Chicken Burger w/ Sauce <i>or</i> Chicken Caesar Wrap Potato Wedges w/ Ketchup Side Salad w/ Ranch Fresh orange/Applesauce	2 Cheesy Penne Pasta Pepperoni Pizza <i>or</i> Chicken Power Pack ¾ C Basil Tomato Soup/Slc Cucumber & Ranch Banana/Apple Juice	3 Fajita Chicken Taco & Salsa <i>or</i> Beef & Cheese Taco & Salsa <i>or</i> Sunbutter & Jelly Sandwich Garden Salsa Sunchips Black bean & corn Salad/Seasoned Diced Carrots ½ C Watermelon/ Red Apple
6 Cheese Pizza <i>or</i> Pepperoni Pizza <i>or</i> Turkey Sandwich Fresh Celery & Ranch/French Fries & Ketchup Green Apple/Applesauce	7 Beef Enchilada & Salsa <i>or</i> Beef & Cheese Nachos w/ salsa <i>or</i> Deli power Pack Refried Beans/Side Salad w/ Ranch ½ C Fresh Grapes/ Fresh Pear	8 Grilled Cheese <i>or</i> Deli Melt <i>or</i> Diced Turkey Salad w/ Roll Seasoned Diced Carrots/ Fresh Broccoli & Ranch Fresh Orange/Applesauce	9 Meatball Sub w/ Marinara Sauce <i>or</i> Pepperoni Pizza <i>or</i> Chicken Power Pack Creamed Spinach/ Sweet Potato Fries & Ketchup Banana/Applesauce <i>*Halloween Sweet Treat*</i>	10 Staff/Student Holiday
13 Staff Development /Student Holiday	14 South Texas Plains Spinach Chicken Quesadilla & Pico de Gallo <i>or</i> Cheese Quesadilla & Pico <i>or</i> Deli Power Pack Refried Beans Slc Green Bell Peppers & Ranch Small Peach/Applesauce	15 Panhandle Beef and Chimichurri Rice Bowl <i>or</i> Sloppy Jo's <i>or</i> Buffalo Chicken Wrap Fresh Broccoli & Ranch/ Coleslaw Fresh Orange/Applesauce	16 Pineywoods BBQ Chicken Drumstick <i>or</i> Chicken Power Pack Cheddar Sunchips ¾ C mashed Sweet Potatoes & Mushroom Sauce/Caesar Salad w/ Caesar Dressing Banana/Applesauce <i>*Sweet Treat*</i>	17 Gulf Coast Chile Verde Rice Bowl <i>or</i> Chicken Burger w/ Sauce <i>or</i> Sunbutter & Jelly Sandwich ¾ C Seasoned Diced Carrots/French Fries & Ketchup ½ Slc Grapefruit/ Red Apple
20 Cheese Pizza <i>or</i> Pepperoni Pizza <i>or</i> Turkey Sandwich Sliced Cucumber & Ranch/French Fries & Ketchup Green Apple/Applesauce	21 Beef, Cheese & Bean Taco <i>or</i> Fajita Chicken Taco w/ Salsa <i>or</i> Sunbutter & Jelly Sandwich Black Bean & Corn Salad Celery Sticks w/ Ranch Small Peach/Fresh Pear	22 Chicken Tenders w/ Ketchup <i>or</i> Mozzarella Chicken & Sauce <i>or</i> Tuna Sandwich Potato Soup Fresh Broccoli & Ranch Fresh Orange Applesauce	23 Deli Melt <i>or</i> Grilled Cheese <i>or</i> Chicken Salad w/ Roll Broccoli & Cheese Soup ¾ C Red Bell Peppers & Ranch Banana Applesauce <i>*Sweet Treat*</i>	24 Pulled Pork Sandwich <i>or</i> Cheeseburger w/ Mayo & mustard <i>or</i> Buffalo Chicken Wrap ¾ C Seasoned Diced Carrots/ Garlic Potato Wedges & Ketchup ½ C Watermelon/Red Apple
27 Cheese Pizza <i>or</i> Pepperoni Pizza <i>or</i> Turkey Sandwich Fresh Broccoli & Ranch/French Fries & Ketchup Green Apple/Applesauce	28 Cheese Enchilada & Salsa <i>or</i> Beef Enchilada & Salsa <i>or</i> Deli Power Pack ½ C Spanish Rice Refried Beans/ Sliced Cucumber & Ranch ½ C Fresh Grapes/Fresh Pear	29 Chicken Burger w/ Chicken Sauce <i>or</i> Chicken Nachos & Cheese & Salsa <i>or</i> Chicken Salad w/ Roll Fresh Celery & Ranch ¾ C Seasoned Diced Carrots Fresh Orange/Applesauce	30 Chicken Pot Pie <i>or</i> Cheeseburger w/ Mayo & mustard <i>or</i> Chicken Power Pack ¾ C Sweet Potato Fries Coleslaw Banana/Applesauce	31 Mummy Dog w/ Ketchup & Mustard <i>or</i> Asian Pork Nachos <i>or</i> Tuna Sandwich Cucumber & Tomato Salad Pinto Beans Goblin Grapes/Red Apple



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National School Lunch Week: Oct 13th-Oct 17th

